



APPENDIX B ARC™ DISCIPLINARY POLICY

The Aromatherapy Registration Council (ARC) developed and administers the Registered Aromatherapist registration program as a means to fulfill its mission of promoting the safe delivery and effective practice of aromatherapy, with the ultimate purpose of protecting public health and safety. ARC adopted this Disciplinary Policy to articulate standards of conduct required for eligibility for registration and continued registration as a Registered Aromatherapist. ARC welcomes comment and inquiry from aromatherapists and the public.

Please note: All references to “days” in this Disciplinary Procedure and other ARC standards, policies, and procedures refer to calendar days. Any communication required by ARC must be in writing and sent to ARC by certified mail (return receipt requested) or by delivery service.

I. ELIGIBILITY FOR REGISTRATION

The initial determination of an individual's eligibility for registration as a Registered Aromatherapist will be made by the ARC Executive Director (in consultation with the ARC President). A decision by the Executive Director to deny eligibility may be appealed under section V.3, below. Any such appeal shall be limited to written briefs; an oral hearing will not be permitted.

As a condition of eligibility for and continued registration as a Registered Aromatherapist, each applicant/candidate/registrant agrees to comply with the following:

1. Complete Application

Each applicant must truthfully complete and sign an Application in the form provided by ARC, pay the required fee(s), enclose transcripts and/or syllabi with the Application, and provide additional information upon request by ARC.

2. Misrepresentation Prohibited

No applicant/candidate/registrant shall make any inaccurate, untrue, or misleading statements concerning their Application or registration status, and the individual shall take all steps reasonably necessary to immediately correct any such false information.

3. Compliance with ARC Standards, Policies, and Procedures.

In order to be and remain eligible for registration, an individual must be in compliance with this Disciplinary Policy as well as all other ARC standards, policies, and procedures or ARC may deny, revoke, or otherwise limit an individual's registration for non-compliance. The

responsibility to prove eligibility or compliance rests with the individual. ARC may request additional information regarding eligibility or compliance at any time. By submitting an Application or maintaining registration, each individual agrees to provide ARC with confirmation of compliance with ARC's standards, policies, and procedures upon request by ARC.

4. Civil & Criminal Actions

Within ninety (90) days of its occurrence, an applicant/candidate/registrant must notify ARC of any inquiry, indictment, or charge pending against them before a state or federal regulatory agency, professional organization, or judicial body, directly relating to public health or aromatherapy, or any matter described in Section III. 1-12. The applicant/candidate/registrant shall also notify ARC of any developments related to the matter within ninety (90) days of their occurrence, including but not limited to providing documentation of the matter's resolution.

5. Criminal Convictions

An applicant/candidate/registrant convicted of a felony directly related to public health or aromatherapy shall be ineligible to apply for registration for a period of ten (10) years from the exhaustion of appeals or final release from confinement (if any), whichever is later. Convictions of this nature include but are not limited to felonies involving rape, sexual abuse, actual or threatened use of a weapon or violence, and prohibited sale, distribution, or possession of a controlled substance. An applicant who is incarcerated, or for whom incarceration is pending, on the Application deadline date, shall be ineligible for registration until eligibility is reinstated as provided in Section X, below.

6. Property of ARC

The names *Registered Aromatherapist™*, *RA™*, *Aromatherapy Registration Council™*, *ARC™* and related logos, the Examination and all related materials, certificates, and other items produced or provided by ARC are all the exclusive property of ARC. These items may not be used in any way except as permitted by the ARC Policy on Use of Registration Marks or otherwise authorized by ARC in advance and in writing. An applicant/candidate/registrant shall immediately stop and correct at the individual's expense any inaccurate, false, outdated, or otherwise unauthorized use of any ARC property.

ARC, in its sole and absolute discretion, will determine whether any use of its property is inconsistent with this Disciplinary Policy or ARC's other standards, policies, and procedures. Failure to comply with this Policy may result in revocation of registration or other sanctions as described below.

Upon the expiration, suspension, or revocation of an individual's registration as a Registered Aromatherapist, the individual shall no longer use ARC's property in any manner and must immediately stop all use of ARC's property (including no distribution of materials already prepared). Each applicant/candidate/registrant agrees that ARC shall be entitled to obtain all relief permitted by law in the event they fail to comply.

7. Required Notifications to ARC

Every applicant/candidate/registrant must notify ARC within ninety (90) days of any change in name, address, or telephone number. ARC must also be notified, in writing, of any event or development affecting eligibility for registration, including but not limited to any criminal conviction or disciplinary action taken by a governmental agency or other professional organization.

II. SCORE REPORTS

ARC is committed to reporting only valid Examination scores. Should misconduct or other circumstances beyond a candidate's control occur and cause ARC to question a score's validity, ARC will investigate further and require that all applicants/candidates/registrants cooperate. In its sole discretion, ARC reserves the right to cancel any Examination score if there is a reasonable basis to doubt its validity, and may (i) offer the affected candidate an opportunity to take the Registration Examination again at no additional fee or (ii) proceed as described below.

III. APPLICATION AND REGISTRATION STANDARDS

ARC, in its sole discretion, may deny, suspend, or revoke registration, or take other appropriate corrective action with regard to an applicant/candidate/registrant in the event of:

1. Ineligibility for ARC registration.
2. Irregularity in connection with any Examination administration.
3. Failure to pay fees as required by ARC.
4. Unauthorized possession of, use of, or access to the Examination and related materials, the names *Registered Aromatherapist, RA, Aromatherapy Registration Council, ARC* and related logos, certificates, and any other ARC documents and materials.
5. False or misleading statements, fraud, deceit, or failure to provide any information requested by ARC.
6. Failure to provide timely updated information to ARC.
7. Misrepresentation of Registered Aromatherapist registration status.
8. Habitual use of alcohol or any drug or substance, or any physical or mental condition, which impairs competent and objective professional performance.
9. Gross or repeated negligence in professional work, including but not limited to teaching or practicing unsafe professional practice. ARC defines unsafe professional practice to include, but not be limited to, practicing or teaching unsafe essential oil administration, such as used in *Raindrop Therapy* or *Raindrop Technique* or *AromaTouch* and any other therapies similar to *Raindrop Therapy/Raindrop Technique* or *AromaTouch*, involving the use of neat essential oils on the skin.
10. Limitation or sanction, whether voluntary or involuntary, by a governmental

regulatory board or professional organization relating to public health or the specialty of aromatherapy.

11. The conviction of, plea of guilty, or plea of nolo contendere to a felony or misdemeanor related to public health or aromatherapy. This includes, but is not limited to, a felony involving rape, sexual abuse, actual or threatened use of a weapon or violence, and the prohibited sale, distribution, or use of a controlled substance.
12. Any other violation of an ARC standard, policy, or procedure as set forth in the ARC Handbook for Candidates or other material provided to applicants/candidates/registrants (and as amended from time to time by ARC).

ARC reserves the right to publish the names of Registered Aromatherapists who have had their registration revoked.

IV. DISCIPLINARY COMMITTEE

A Disciplinary Committee shall be elected by the ARC Board of Directors to investigate alleged violations of this Disciplinary Policy or any other ARC standard, policy, or procedure. The Disciplinary Committee shall be composed of at least two members of the ARC Board of Directors. A member of the Disciplinary Committee shall not serve on any matter in which her/his objectivity and impartiality might reasonably be questioned or which presents an actual or apparent conflict of interest. If two ARC Board members are not available to serve on a Disciplinary Committee, then the President of ARC shall designate one or two Registered Aromatherapists to participate on the Disciplinary Committee, such that at all times it shall have two members.

V. REVIEW AND APPEAL PROCEDURES

1. Submission and Initial Review of Allegations

- a. Persons concerned with a possible violation of this Disciplinary Policy or any other ARC standard, policy, or procedure, or a wrongful determination of ineligibility by the ARC Executive Director, are encouraged to submit a complaint to ARC. The complaint must be in writing, signed and dated, and identify the person(s) involved and the surrounding circumstances in as much detail as possible. The complaint should also include the name, address, and telephone number of the person making the complaint and any other individual(s) who may have information regarding the alleged violation.
- b. Alleged violations must be sent to the ARC Executive Director for forwarding to the ARC President for initial review. Supplementation relating to the content or form of the complaint may be requested by either the Executive Director or the President, including but not limited to a written testimonial from the individual who is the subject of the complaint (the Subject).
- c. The President, in consultation with legal counsel, shall make a determination regarding the allegations.
- d. If the President determines that the allegations against the Subject are frivolous or fail to state a violation of ARC's rules, no further action shall be taken. The President will inform the ARC Board of Directors, Executive Director, and the Subject (if

known).

- e. If the President determines that good cause may exist to deny eligibility or question compliance with ARC's rules, the President shall forward the matter to the Disciplinary Committee for investigation.

2. Investigation Procedures of the Disciplinary Committee

- a. The Disciplinary Committee shall investigate the allegations after receipt from the President.
- b. If the Committee determines that the facts are inadequate to sustain the allegations against the Subject and a finding of a violation of ARC's rules, no further action shall be taken. The Committee will inform the ARC Board of Directors, President, Executive Director, and the complainant (if known).
- c. If the Committee determines that good cause exists to question whether eligibility was improperly denied, or ARC's rules were violated, the Committee shall transmit a written statement of allegations to the Subject by certified mail (return receipt requested). This statement shall set forth:
 - i. The applicable rule.
 - ii. The alleged facts constituting the violation of the rule or determination of ineligibility.
 - iii. For allegations not related to a denial of eligibility, the right of the Subject to contest the matter in writing or request a telephonic hearing at which to dispute the allegations, with the Subject bearing their own expense for the hearing.
 - iv. That the Subject shall have thirty (30) days after receipt of the statement to notify the ARC President and the Committee, in writing, that they dispute the allegations and/or have comments on available sanctions.
 - v. That, in the event of a telephonic hearing, the Subject shall express their reasons for believing action should not be taken, and shall produce any evidence they desire on their behalf.
 - vi. The Subject's failure to respond may result in sanctions, including revocation of registration.
 - vii. That a finding by the Disciplinary Committee of the allegations against the Subject to be truthful may result in sanctions including revocation and publication of that revocation.
 - viii. That if the Subject does not dispute the allegations or request a review or hearing, the Subject thereby agrees that the Disciplinary Committee may render a decision on the evidence before it and apply available sanctions (as set forth below in Section VI. a-f).
- d. If the Subject disputes the allegations or available sanctions or requests a telephonic hearing, the Disciplinary Committee may offer the Subject the opportunity to accept an identified sanction in lieu of proceeding with the requested telephonic hearing. Such an offer shall be provided in writing. The Subject may ask the Disciplinary Committee to modify its offer, and the Committee may do so in its sole discretion. If the Subject is unwilling to accept the Committee's offer, the Disciplinary Committee

shall designate one of its members to present the allegations and any substantiating evidence, and otherwise present the matter during any hearing before the Disciplinary Committee.

3. Hearing Procedures of the Disciplinary Committee

- a. In matters related to a denial of eligibility by the ARC Executive Director, the Disciplinary Committee shall render a decision within thirty (30) days following receipt of the matter. This decision shall be based on the written record below without an oral hearing, although written briefs may be submitted by the Subject and the Disciplinary Committee.
- b. In all other cases, after receiving the statement of allegations and response, the Disciplinary Hearing Committee shall:
 - i. Prepare a response to the written response to the allegations with a decision that contains its findings and any sanctions applied.
 - ii. Schedule a time and date for a telephonic hearing if needed, allowing for an adequate period of time for preparation by both sides.
 - iii. Send a Notice of Hearing to the Subject by certified mail (return receipt requested) stating the time of the hearing. The Subject may request a change of date of the hearing for good cause, which may be granted by the Disciplinary Committee in its sole discretion. Failure to respond to the Notice of Hearing shall permit the Disciplinary Committee to administer any sanction that it considers appropriate. In a telephonic hearing, both ARC and the applicant/candidate/registrant shall be given an equal opportunity to be heard, and the hearing shall last for the time period designated by ARC in advance of the hearing (no more than one hour and no less than 15 minutes).
- c. Formal rules of evidence shall not apply. Either side may submit relevant evidence.
- d. The Disciplinary Committee shall determine all matters relating to the hearing.
- e. Resolution of disputed questions shall be determined by the Disciplinary Committee.
- f. In all written reviews and telephonic hearings before the Disciplinary Committee:
 - i. The Disciplinary Committee, in its sole discretion, will make a determination.
 - ii. Whenever mental or physical disability is alleged, the Subject may be required to undergo a physical or mental examination at their expense. The report of such an examination shall become part of the evidence the Disciplinary Committee considers.
 - iii. The Disciplinary Committee shall issue a written decision following the review or hearing. It shall be promptly mailed to the Subject by certified mail (return receipt requested). The Committee will also inform the ARC Board of Directors and Executive Director.
 - iv. The decision of the Disciplinary Committee will be final and binding, unless a written appeal request is received by the ARC Executive Director within ten (10) days following the date the decision of the Disciplinary Committee was

mailed.

4. Appeal Procedures

- a. If the decision rendered by the Disciplinary Committee finds that the allegations are not established, no further action on the matter shall be taken.
- b. If the decision rendered by the Disciplinary Committee is not favorable to the Subject, they may appeal the decision to the ARC Board of Directors by submitting a written appeal request within ten (10) days following the date the decision of the Disciplinary Committee was mailed. The Disciplinary Committee may file a written response to the request of the Subject.
- c. The Board of Directors by majority vote of those Directors present and voting, shall render a decision within thirty (30) days following receipt of the appeal request. This decision shall be based on the written record. The Board of Directors may choose, in its sole discretion, to conduct a de novo review of the Disciplinary Committee decision.
- d. The decision of the ARC Board of Directors shall be rendered in writing. The decision shall contain its findings and any sanctions applied (as set forth below in Section VI. a-f). The Board's decision shall be final. The decision shall be mailed to the Subject by certified mail (return receipt requested).

VI. SANCTIONS

The sanction for violation of any ARC rule may include one or more of the following:

- a. Denial or suspension of eligibility.
- b. Revocation of registration.
- c. Non-renewal of registration.
- d. Reprimand.
- e. Suspension of registration.
- f. Other corrective action.

ARC reserves the right to publish RA's names that have had their registration revoked.

VII. SUMMARY PROCEDURE

Whenever the ARC President determines that there is cause to believe that a threat of immediate and irreparable injury to the public exists, the President shall forward the allegations to the ARC Board of Directors. The Board shall review the matter immediately and provide telephonic or other expedited notice and review procedures to the subject Registered Aromatherapist. Following such notice and opportunity by the Registered Aromatherapist to be heard, if the Board determines that a threat of immediate and irreparable injury to the public exists, registration may be revoked. An Aromatherapist who wishes to reinstate their revoked registration, may do so by submitting a written statement to ARC that shall include the following:

I, (insert name of applicant), hereby assert that I am aware of ARC's Disciplinary Policy and Statement of Policy Against Raindrop Therapy/Raindrop Technique/AromaTouch and hereby agree that in order to reinstate my status as a Registered Aromatherapist, I will not engage in or teach, now or in the future, anything that conflicts with those policies, including but not limited to any gross or repeated negligence in professional work and any unsafe professional practice (which is defined by ARC to include, but not be limited to, the practice of Raindrop Therapy/Raindrop Technique/AromaTouch).

ARC, in its discretion, may then reinstate a revoked registration if it is proved to its satisfaction that the aromatherapist unknowingly violated ARC policies.

VIII. RELEASE OF INFORMATION

Each applicant/candidate/registrant agrees that ARC and its officers, directors, committee members, panel members, employees, lawyers, and agents may communicate any and all information relating to their registration status and Application and review thereof (including but not limited to the pendency or outcome of any disciplinary proceedings) to state and federal authorities, licensing boards, employers, other registrants, and the public upon request.

IX. WAIVER

Each applicant/candidate/registrant releases, discharges, and exonerates ARC, its officers, directors, committee members, panel members, employees, and agents, and any other persons from any and all liability arising out of, or in connection with, any action taken pursuant to this Disciplinary Policy or other ARC standards, policies, and procedures, including but not limited to liability arising out of (i) the furnishing or inspection of documents, records, and other information, and (ii) any investigation and review of an Application or registration made by ARC.

X. RECONSIDERATION OF ELIGIBILITY AND REINSTATEMENT OF REGISTRATION

If eligibility or registration is denied or revoked, eligibility or registration may be reconsidered on the following basis:

- a. In the event of a felony conviction directly related to public health or aromatherapy no earlier than three (3) years from the exhaustion of appeals or release from confinement, whichever is later.
- b. In any other event, no earlier than three (3) years from the final decision of ineligibility or revocation.

In addition to other facts required by ARC, such an individual must fully set forth the circumstances of the decision denying eligibility or revoking registration, as well as all relevant

facts and circumstances since the decision relevant to the Application. When eligibility has been denied because of felony conviction, the individual bears the burden of demonstrating that the individual has been rehabilitated and does not pose a danger to others. Such evidence shall be submitted to the ARC Executive Director, who shall determine whether the evidence meets this burden in the Executive Director's discretion. Unless and until clear and convincing evidence is submitted, the individual will remain ineligible for reinstatement. The decision of the Executive Director may be appealed as provided in Section V.4, above.

APPENDIX C
STATEMENT OF POLICY AGAINST *RAINDROP*
THERAPY/RAINDROP TECHNIQUE OR AROMATOUGH

The Aromatherapy Registration Council (ARC) hereby formally clarifies its prohibition on the use or the teaching of *Raindrop Therapy/Raindrop Technique* or *AromaTouch* and any other therapies similar to *Raindrop Therapy/Raindrop Technique* or *AromaTouch* that involve the use of neat essential oils on the skin by its Registered Aromatherapists.¹ In its discretion, the Aromatherapy Registration Council may revoke without notice the registration of any aromatherapist whom it determines by credible evidence is engaging in the practice or teaching of *Raindrop Therapy/Raindrop Technique* or *AromaTouch* in order to protect public health. It may publish a list of aromatherapists with revoked registrations.

Definition of *Raindrop Therapy/Raindrop Technique* or *AromaTouch*: For the purposes of this Statement, *Raindrop Therapy/Raindrop Technique* or *AromaTouch* is defined as the topical application of specific "undiluted" essential oils on the skin. For the purposes of this Statement, an essential oil shall be deemed "undiluted" if an essential oil is administered topically to an adult or child and has more concentration of essential oil than 2% or the correct dilution ratio generally accepted as safe for that oil.

Concerns regarding Public Health: ARC believes that *Raindrop Therapy/Raindrop Technique* and *AromaTouch* pose risks to the public health. *Raindrop Therapy/Raindrop Technique* and *AromaTouch* are typically practiced as one-size-fits-all techniques and may not be suitable for people with compromised liver or kidney function, those with heart disease, those on blood thinning medication, those with allergies to aspirin, and other disorders. Topical application of undiluted oils has a high risk of creating adverse skin reactions. ARC also believes that there is no published, research-validated clinical evidence to support any claim that *Raindrop Therapy/Raindrop Technique* or *AromaTouch* are able to assist in correcting spinal curvatures caused by scoliosis or to align electric and structural elements of the body, and that, therefore, claims made in this regard or the application of *Raindrop Therapy/Raindrop Technique* or *AromaTouch* for these purposes, is detrimental to public health. ARC believes that aromatherapy should only complement, not substitute for, conventional medicine.